

Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us



Master of Mental Health Nursing

Deliver better mental health outcomes

Includes information on:

- ◆ Graduate Certificate in Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Master of Mental Health Nursing

UNIQUELY
YOU

Master of Mental Health Nursing (Online) Course Guide

◆ The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

The VU Block Model®

Feel confident and engaged in your studies with our unique and award-winning VU Block Model®. VU is the first university in Australia, and the largest in the world, to deliver courses through this innovative teaching model, inspired by similar successful models across North America and Europe.

Our VU Block Model® explained

At most universities, you would usually study four subjects at the same time, similar to high school. With the VU Block Model®, you study one subject at a time, meaning you can focus your efforts, master your skills, and receive real-time feedback before moving on to the next subject.

Accelerated

Accelerate your learning by studying part-time as you progress through six blocks per year, in seven-week study periods – with a break between blocks.

Flexible

Plan your studies over the course of the year to fit into your life, so you can manage study along with work, family and everything else important to you.

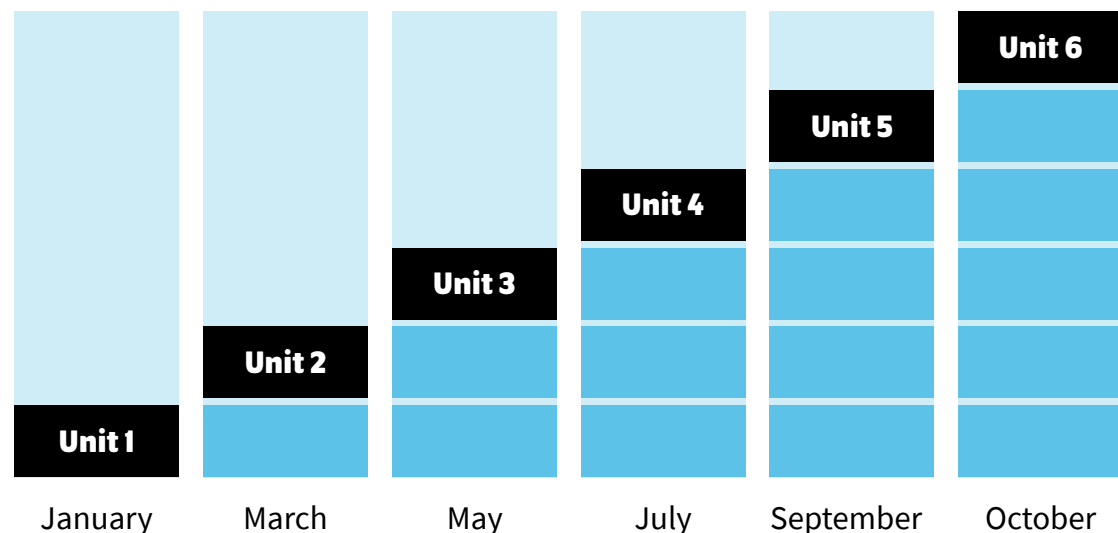
Focused

Focus on one unit at a time rather than juggling multiple topics at once, to maximise focused and deeper learning. Choose to take a break if needed or complete all units consecutively. It's up to you.

Supported

Receive the one-on-one support you need to succeed with VU Online's academic and administrative support – available seven days a week.

Six units over one year - study one unit at a time



Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

◆ Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

Student support network



Experience four layers of online academic and non-academic student support seven days a week.



Unit Facilitator

Provides 1:1 academic support via phone, email or SMS seven days a week and in the evenings.



Unit Coordinator

Delivers live weekly online office hours and fortnightly teaching seminars.



Student Success Advisor

On hand Monday to Friday via phone and email, to help students with any non-academic queries and assist with administrative processes such as enrolment and degree pathing.



Personalised support

A network of personalised IT, library, language, literacy and numeracy support, and counselling services available to all students.

Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

◆ Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

VU's model of dedicated, prompt and responsive support seven days a week sets us apart from any other university in Australia.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		Office hour*	Seminar**			
✓	✓	✓	✓	✓	✓	✓
Online Facilitator seven days						
✓	✓	✓	✓	✓	✓	✓
Unit Coordinator seven days						
✓	✓	✓	✓	✓		
Student Success Advisor - Monday to Friday						
✓	✓	✓	✓	✓	✓	✓
Network support seven days						

* Live weekly office hour. ** Live fortnightly seminar.

Got questions?

Get in touch with our enrolment team.

[Schedule a call](#)

Ready to apply?

Begin your postgraduate journey with VU Online and apply today.

[Apply now](#)

Course summary



Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

Master of Mental Health Nursing

Designed for registered nurses seeking leadership roles, the Master of Mental Health Nursing includes an additional four units. This program equips you with the expertise to lead and drive transformational change in clinical mental health settings.

Duration

2 years, part time[^]

Study periods

January, March, May, July, September, October

12 units (11 core + 1 elective)

Core units

- ◆ Mental Health Nursing
- ◆ Recovery Oriented Mental Health
- ◆ Biopsychosocial and Cultural Perspectives in Mental Health
- ◆ Effective Trauma-Informed Care
- ◆ Promoting Cultural Competence and Community Health
- ◆ Mental Health in Later Life
- ◆ Care Coordination in Practice
- ◆ Evidence and Research for Practice
- ◆ Pharmacology and Therapeutics in Mental Health
- ◆ Assessment in Mental Health
- ◆ Research Project

Elective

- ◆ Psychological Therapies
- ◆ Perspectives on Addictive Behaviours
- ◆ Nursing Leadership and Management
- ◆ Health and Wellbeing for the Older Person

Fees

\$2,870 - \$2,950 per unit*

Total cost

\$34,840 - \$34,920*

*2026 student fees are shown and are subject to change.

[^]Duration is dependent on student's study path and unit availability. Please reach out to a Student Enrolment Advisor to discuss your study path.

What you will learn

- ◆ Promote mental health and wellbeing by addressing local, national, and global health priorities.
- ◆ Lead quality and safety innovations to improve patient outcomes using evidence-based practices.
- ◆ Apply self-determination, biopsychosocial, and recovery-oriented models in mental health care.
- ◆ Identify key drivers of interagency collaboration for better mental health outcomes in diverse populations.
- ◆ Deliver safe, ethical, trauma-informed mental health nursing care.
- ◆ Implement advanced strategies for recovery-oriented interventions for complex mental health issues.

Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

Graduate Diploma in Mental Health Nursing

Designed for registered nurses looking to deepen their expertise, the Graduate Diploma in Mental Health Nursing builds on your knowledge with four additional units. Upon completion, you can seamlessly continue your studies to pursue the Master of Mental Health Nursing.

Duration

16 months, part time[^]

Study periods

January, March, May, July, September, October

Course units (8 units in total)

Core units

- ◆ Mental Health Nursing
- ◆ Recovery Oriented Mental Health
- ◆ Biopsychosocial and Cultural Perspectives in Mental Health
- ◆ Effective Trauma Informed Care
- ◆ Promoting Cultural Competence and Community Health
- ◆ Mental Health in Later Life
- ◆ Care Coordination in Practice
- ◆ Evidence and Research for Practice

Fees

\$2,870 - \$2,950 per unit*

Total cost

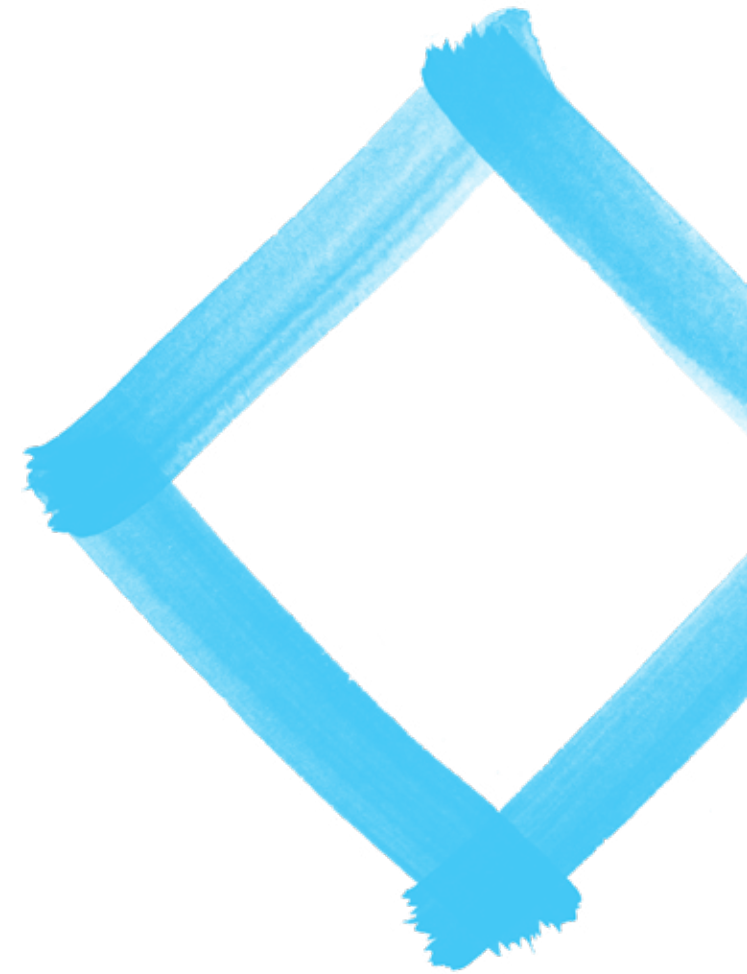
\$23,280 total*

**2026 student fees are shown and are subject to change.*

[^]Duration is dependent on student's study path and unit availability. Please reach out to a Student Enrolment Advisor to discuss your study path.

What you will learn

- ◆ Promote mental health by addressing local, national, and global priorities for individuals, families, and communities.
- ◆ Lead evidence-based innovations to improve patient outcomes in diverse settings.
- ◆ Apply theories of self-determination, biopsychosocial, and recovery-oriented models in mental health care.
- ◆ Facilitate interagency collaboration to improve outcomes for diverse populations.
- ◆ Deliver safe, ethical, trauma-informed mental health care for individuals with mental illness.
- ◆ Implement advanced recovery-oriented interventions for complex mental health needs across the lifespan.
- ◆ Advance mental health nursing through research design and evaluation.



Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

Graduate Certificate in Mental Health Nursing

Designed for registered nurses who want to enhance their skills in delivering mental health care, the Graduate Certificate in Mental Health Nursing prepares you for advanced practice and recovery-oriented roles. Through four focused units, you'll be equipped to meet the challenges of mental health care in diverse settings across Australia.

Duration

8 months, part time[^]

Study periods

January, March, May, July, September, October

Course units (4 units total)

Core units

- ◆ Mental Health Nursing
- ◆ Recovery Oriented Mental Health
- ◆ Biopsychosocial and Cultural Perspectives in Mental Health
- ◆ Effective Trauma-Informed Care

Fees

\$2,870 - \$2,950 per unit*

Total cost

\$11,560 total*

**2026 student fees are shown and are subject to change.*

^Duration is dependent on student's study path and unit availability. Please reach out to a Student Enrolment Advisor to discuss your study path.

What you will learn

- ◆ Promote mental health by addressing local, national, and global priorities for individuals, families, and communities.
- ◆ Lead evidence-based innovations to improve patient outcomes in diverse communities.
- ◆ Apply self-determination, biopsychosocial, and recovery-oriented models to support mental health consumers and their families.
- ◆ Enhance interagency collaboration for better mental health outcomes.
- ◆ Deliver safe, ethical, trauma-informed care for individuals with mental illness.
- ◆ Implement advanced recovery-oriented interventions for complex mental health issues across the lifespan.



Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

◆ Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

Career outcomes

Graduate Certificate in Mental Health Nursing

Gain a strong foundation in mental health nursing with four units of study to help you build your career.

Graduate Diploma in Mental Health Nursing

Build on your knowledge and gain a holistic understanding of mental health nursing practice and the mental health care needs of diverse communities. With a Graduate Diploma in Mental Health Nursing, you'll be able to deliver mental health nursing practice and produce better outcomes for patients.

Master of Mental Health Nursing

VU Online's Master of Mental Health Nursing is designed for registered nurses who want to gain specialised skills to lead multidisciplinary mental health teams and create transformational change across clinical mental health settings. This is your opportunity to learn the principles, strategies and techniques to lead mental health initiatives that will improve outcomes and care coordination for a range of individuals, families and communities, including for diverse and vulnerable populations.

Typical job roles

- ◆ Specialist Mental Health Nurse
- ◆ Mental Health Nurse Team Leader
- ◆ Clinical Nurse Specialist
- ◆ Mental Health Nursing Manager





Entry requirements

Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

◆ Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

Master of Mental Health Nursing

Completed an AQF Level 7 Bachelor of Nursing, or equivalent qualification;

AND

Registration as a Registered Nurse (Division 1) OR Registered Midwife with the Australian Health Practitioner Regulation Agency (AHPRA) OR equivalent registration with the relevant registering authority for applicants outside of Australia;

AND

Provide evidence that they are employed in a mental health setting (e.g. employment contract);

OR

Completed Victoria University's Graduate Certificate in Mental Health Nursing or Graduate Diploma in Mental Health Nursing.

Graduate Diploma in Mental Health Nursing

Completed an AQF Level 7 Bachelor of Nursing, or equivalent qualification;

AND

Registration as a Registered Nurse (Division 1) OR Registered Midwife with the Australian Health Practitioner Regulation Agency (AHPRA) OR equivalent registration with the relevant registering authority for applicants outside of Australia;

AND

Provide evidence that they are employed in a mental health setting (e.g. employment contract);

OR

Completed Victoria University's Graduate Certificate in Mental Health Nursing.

Graduate Certificate in Mental Health Nursing

Completed an AQF Level 7 Bachelor of Nursing, or equivalent qualification;

AND

Registration as a Registered Nurse (Division 1) OR Registered Midwife with the Australian Health Practitioner Regulation Agency (AHPRA) OR equivalent registration with the relevant registering authority for applicants outside of Australia;

AND

Provide evidence that they are employed in a health setting (e.g. employment contract).

Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
 - ◆ Graduate Diploma in Mental Health Nursing
 - ◆ Graduate Certificate in Mental Health Nursing
-

Career outcomes

◆ Entry requirements

- ◆ FEE-HELP
-

Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us

FEE-HELP

You may be eligible for the Australian Government's loan scheme, FEE-HELP. The loans are available to assist eligible full-fee-paying students with the cost of a university program. It can cover all or part of the tuition. To determine your eligibility, visit the FEE-HELP website.

Advanced standing

Thinking of applying for credit (advanced standing)?

Advanced standing is an assessment process used to recognise the skills and knowledge you have acquired, either through study or life/work experience, by matching it with the content of units within your course.

If you've already completed any of the units in the course in which you are enrolling, or their equivalent, you may be eligible for advanced standing.

Exit option

Students have the option to exit with a Graduate Diploma in MHN (8 units) if they choose not to complete the full master's degree.



Course pathways



Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

◆ Course pathways

Why study with VU Online?

Units in brief

How to apply

Contact us



Graduate Certificate in Mental Health Nursing

4 units
8 months part time



Graduate Diploma in Mental Health Nursing

+4 units
16 months part time

Upon completion of these eight units, you will obtain your Graduate Diploma in Mental Health Nursing and can continue your studies to earn a Master of Mental Health Nursing.



Master of Mental Health Nursing +4 units 2 years part time

Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

◆ Why study with VU Online?

Units in brief

How to apply

Contact us

Why study with VU Online?

Reputable, industry connected

Earn a globally ranked Tier 1 MBA*, engaging in a curriculum designed in partnership with the University's industry advisory groups.

Develop practical skills

Just like in the real world, you'll focus on experiential learning – learning by doing – via scenarios, case studies, self-determined assessments and unit content that is highly relevant to your work life.

No text books, no exams

All course readings and assessments are available digitally via the VU Library, so there are no textbooks to purchase and no exams.

*CEO Magazine Global Rankings (2023)

Small class sizes

All units maintain a 25:1 student-teacher ratio that ensures you receive the one-on-one attention you need.

Personalised 1:1 online academic support

Unparalleled support from specialist academics is available seven days a week including evenings.



Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

◆ Why study with VU Online?

Units in brief

How to apply

Contact us

Career-based teaching and learning

The online units have been designed from the ground up with a career-centred approach, spanning:



Overarching learning outcomes

Click on each unit in the following pages to find out more about what you will learn.



Self-determined assessments

Students share examples from their own professional lives and participate in collaborative online sessions where discussion and debate can thrive – just as it would in a classroom.



Interactive activities

The material in each unit includes activities designed to bring students together in a virtual environment that fosters creativity and a sense of personal connection.

**Experience a deeper,
more active and
enjoyable learning
experience.**

Got questions?

Get in touch with our enrolment team.

Schedule a call

Master of Mental Health Nursing (Online) Course Guide



Units in brief

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

◆ Units in brief

How to apply

Contact us

Core units

Mental Health Nursing*

Recovery Oriented Mental Health*

Biopsychosocial and Cultural Perspectives in Mental Health*

Effective Trauma-Informed Care*

Promoting Cultural Competence and Community Health

Mental Health in Later Life

Care Coordination in Practice

Evidence and Research for Practice

Pharmacology and Therapeutics in Mental Health

Assessment in Mental Health

Research Project

*Graduate Certificate in Mental Health Nursing units

Elective

Psychological Therapies

Perspectives on Addictive Behaviours

Nursing Leadership and Management

Health and Wellbeing for the Older Person

Perspectives on Addictive Behaviours

Nursing Leadership and Management

Health and Wellbeing for the Older Person

Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

◆ How to apply

Contact us

How to apply



Ready to get started? Follow these simple steps.

1. Gather your documents

To complete your application, you will need the following documents:

- ◆ Certified copies of your academic transcript(s) or certificate(s) of completion.
- ◆ A copy of your current CV, which includes your current Position Description (PD), supporting letter from your employer outlining your duties, responsibilities and the duration of your employment/volunteer work.

2. Speak with our Student Enrolment Advisors

Once you're ready to take the next step and start your application, our Student Enrolment Advisors are here to help.

Our team is available to assist you every step of the way:

Monday, Tuesday and Friday
9am – 6pm (AEST)
Wednesday and Thursday
9am – 7pm (AEST)

Contact us:

1300 682 051
futurestudy@online.vu.edu.au

3. Submit your application online

Apply online directly via our Admissions Centre. You will receive an email to confirm your application and to advise whether you need to provide any additional information.

[Apply now](#)



How long does it take to complete an application?

Your application will take approximately 15 minutes to complete. Once you have submitted, you can expect to hear from us within 5 business days.

Master of Mental Health Nursing (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Mental Health Nursing
- ◆ Graduate Diploma in Mental Health Nursing
- ◆ Graduate Certificate in Mental Health Nursing

Career outcomes

Entry requirements

- ◆ FEE-HELP

Course pathways

Why study with VU Online?

Units in brief

How to apply

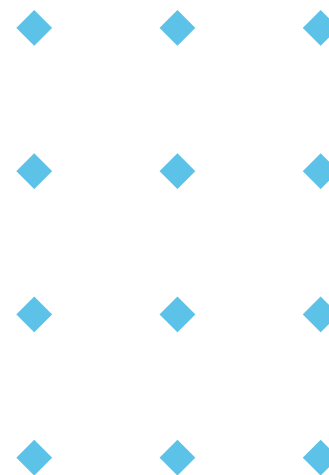
◆ Contact us



Contact us

Our Student Enrolment Advisors are ready to answer any questions you may have about online study at VU and the Master of Mental Health Nursing and Graduate Certificate courses, including:

- ◆ Enrolments and eligibility
- ◆ Study and course pathways
- ◆ Fitting study into your schedule
- ◆ Navigating the application process



Got questions?

Get in touch with our enrolment team.

Schedule a call

Ready to apply?

Begin your postgraduate journey with VU Online and apply today.

Apply now