

Master of Child and Adolescent Mental Health (Online) Course Guide

The VU Block Model®

Student support network

Course summary

- ◆ Master of Child and Adolescent Mental Health
- ◆ Graduate Certificate in Child and Adolescent Mental Health

Entry requirements

- ◆ FEE-HELP
- ◆ Advanced standing

Why study with VU Online?

Units in brief

How to apply

Contact us



Master of Child and Adolescent Mental Health

Deliver better mental health outcomes

Includes information on:

- ◆ Graduate Certificate in Child and Adolescent Mental Health
- ◆ Master of Child and Adolescent Mental Health

UNIQUELY
YOU

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Student support network

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Units in brief

How to apply

Contact us

The VU Block Model®

Feel confident and engaged in your studies with our unique and award-winning VU Block Model®. VU is the first university in Australia, and the largest in the world, to deliver courses through this innovative teaching model, inspired by similar successful models across North America and Europe.

Our VU Block Model® explained

At most universities, you would usually study four subjects at the same time, similar to high school. With the VU Block Model®, you study one subject at a time, meaning you can focus your efforts, master your skills, and receive real-time feedback before moving on to the next subject.

Accelerated

Accelerate your learning by studying part-time as you progress through six blocks per year, in seven-week study periods – with a break between blocks.

Flexible

Plan your studies over the course of the year to fit into your life, so you can manage study along with work, family and everything else important to you.

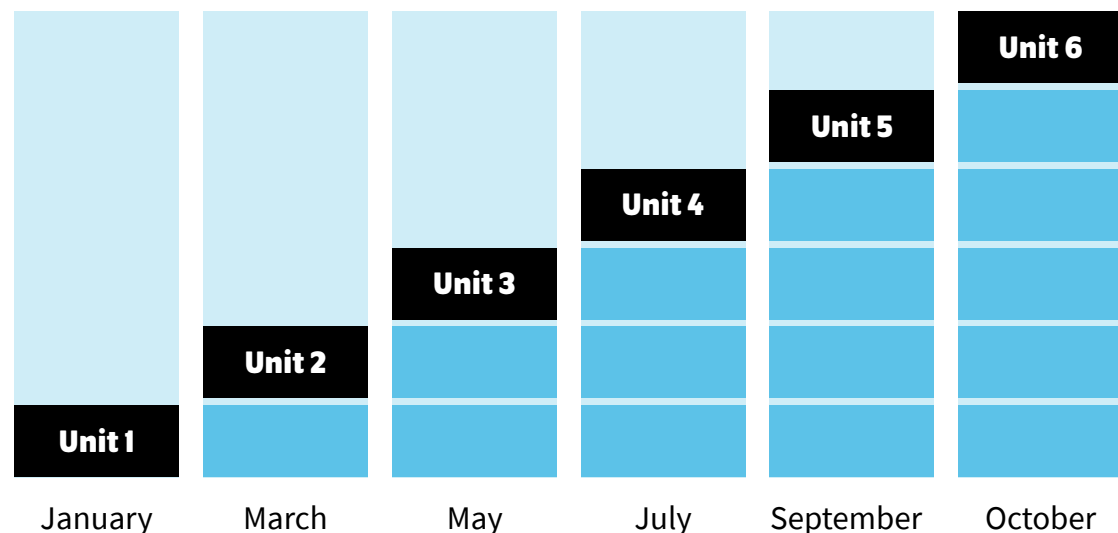
Focused

Focus on one unit at a time rather than juggling multiple topics at once, to maximise focused and deeper learning. Choose to take a break if needed or complete all units consecutively. It's up to you.

Supported

Receive the one-on-one support you need to succeed with VU Online's academic and administrative support – available seven days a week.

Six units over one year - study one unit at a time



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The VU Block Model®

◆ Student support network

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- ◆ FEE-HELP
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Why study with VU Online?

Units in brief

How to apply

Contact us

Student support network



Experience four layers of online academic and non-academic student support seven days a week.



Unit Facilitator

Provides 1:1 academic support via phone, email or SMS seven days a week and in the evenings.



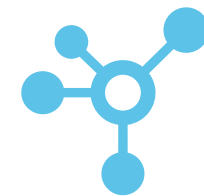
Unit Coordinator

Delivers live weekly online office hours and fortnightly teaching seminars.



Student Success Advisor

On hand Monday to Friday via phone and email, to help students with any non-academic queries and assist with administrative processes such as enrolment and degree pathing.



Personalised support

A network of personalised IT, library, language, literacy and numeracy support, and counselling services available to all students.

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The VU Block Model®

◆ Student support network

Course summary

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- ◆ FEE-HELP
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Why study with VU Online?

Units in brief

How to apply

Contact us

VU's model of dedicated, prompt and responsive support seven days a week sets us apart from any other university in Australia.

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		Office hour*	Seminar**			
✓	✓	✓	✓	✓	✓	✓
Online Facilitator seven days						
✓	✓	✓	✓	✓	✓	✓
Unit Coordinator seven days						
✓	✓	✓	✓	✓		
Student Success Advisor - Monday to Friday						
✓	✓	✓	✓	✓	✓	✓
Network support seven days						

* Live weekly office hour. ** Live fortnightly seminar.

Got questions?

Get in touch with our enrolment team.

[Schedule a call](#)

Ready to apply?

Begin your postgraduate journey with VU Online and apply today.

[Apply now](#)

Course summary



Master of Child and Adolescent Mental Health (Online) Course Guide

The VU Block Model[®]

Student support network

Course summary

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- ◆ Graduate Certificate in Child and Adolescent Mental Health

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- ◆ FEE-HELP
- ◆ Advanced standing

Why study with VU Online?

Units in brief

How to apply

Contact us

Master of Child and Adolescent Mental Health

We're living in a time where the lives of children and adolescents are more complicated than ever before. The demand for professionals in mental health to help them find their voices and guide the way has never been greater.

With VU Online's Master of Child and Adolescent Mental Health, you can advance your skills to work in a range of educational, therapeutic, community and clinical settings. Prepare to engage with children and adolescents through holistic and culturally relevant mental health interventions and therapies.

Child and adolescent mental health in diverse contexts

Through this course, you will learn to promote mental health and wellbeing for children, adolescents, families and communities – including for diverse and vulnerable populations. Explore advanced care strategies, relevant treatment techniques, therapies and interventions to create better mental health outcomes.

Undertake research to contribute to our growing understanding of child and adolescent mental health. Gain valuable evidence-based skills and be empowered to drive inter-agency collaboration, as well as schools-based and family-focused interventions.

Duration

2 years part-time[^]

Study periods

January, March, May, July, September, October

Course units (12 units in total)

- ◆ Introduction to Child and Adolescent Mental Health
- ◆ Child and Adolescent Engagement and Assessment
- ◆ Effective Trauma-Informed Care
- ◆ Mental Health Foundations
- ◆ Recovery Oriented Mental Health
- ◆ Biopsychosocial and Cultural Perspectives in Mental Health
- ◆ Child and Adolescent Mental Health and Wellbeing in Schools
- ◆ Evidence and Research for Practice
- ◆ Assessment in Mental Health
- ◆ Psychological Therapies
- ◆ Perspectives on Addictive Behaviours
- ◆ Research Project

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The VU Block Model®

Student support network

Course summary

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Why study with VU Online?

Units in brief

How to apply

Contact us

What you will learn

- ◆ Promote mental health in children and adolescents by addressing key health priorities.
- ◆ Apply holistic, recovery-oriented models for complex psychosocial challenges.
- ◆ Enhance interagency collaboration for diverse mental health outcomes.
- ◆ Deliver safe, ethical, trauma-informed care for better health outcomes.
- ◆ Implement recovery-oriented interventions for diverse populations.
- ◆ Contribute to advancing mental health through research design and evaluation.
- ◆ Conduct research in community, clinical, or mental health service settings.

Fees

\$2,870 - \$2,950 per unit*

Total cost

\$34,600 in total*

**2026 student fees are shown and are subject to change.*

^Duration is dependent on student's study path and unit availability. Please reach out to a Student Enrolment Advisor to discuss your study path.



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The VU Block Model[®]

Student support network

Course summary

- ◆ Master of Child and Adolescent Mental Health
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Why study with VU Online?

Units in brief

How to apply

Contact us

Graduate Certificate in Child and Adolescent Mental Health

VU Online's Graduate Certificate in Child and Adolescent Mental Health will give you a strong understanding of child and adolescent mental health and wellbeing. This graduate certificate features a contemporary curriculum designed by mental health experts and delivered over four units.

Upon completion, you can continue your studies to gain the Master of Child and Adolescent Mental Health.

Duration

8 months part-time[^]

Study periods

January, March, May, July, September, October

Course units (4 units in total)

- ◆ Introduction to Child and Adolescent Mental Health
- ◆ Child and Adolescent Engagement and Assessment
- ◆ Effective Trauma-Informed Care
- ◆ Mental Health Foundations

What you will learn

- ◆ Promote mental health in children, adolescents, and their families by addressing health priorities.
- ◆ Apply recovery-oriented models for complex psychosocial challenges.
- ◆ Facilitate interagency collaboration for diverse mental health outcomes.
- ◆ Deliver safe, ethical, trauma-informed care to improve health outcomes.
- ◆ Implement recovery-oriented interventions tailored to diverse populations.

Fees

\$2,870 per unit*

Total cost

\$11,480 total*

**2026 student fees are shown and are subject to change.*

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The VU Block Model®

Student support network

Course summary

- ◆ Master of Child and Adolescent Mental Health
- ◆ Graduate Certificate in Child and Adolescent Mental Health

◆ Entry requirements

- ◆ FEE-HELP
- ◆ Advanced standing

Why study with VU Online?

Units in brief

How to apply

Contact us



Entry requirements

Master of Child and Adolescent Mental Health

Completed an AQF Level 7 Bachelor in a cognate discipline such as Health Science, Social Work, Psychology, Medicine, Counselling, Criminal Justice, Youth Work and Education;

OR

Completed an AQF Level 7 Bachelor in any discipline and at least 2 years approved work experience;

OR

A Victoria University Graduate Certificate in Mental Health;

OR

A Victoria University Graduate Certificate in Child and Adolescent Mental Health.

Graduate Certificate in Child and Adolescent Mental Health

Completed an AQF Level 7 Bachelor in a cognate discipline such as Health Science, Social Work, Psychology, Medicine, Counselling, Criminal Justice, Youth Work and Education;

OR

Completed an AQF Level 7 Bachelor in any discipline and at least 2 years approved work experience;

OR

A Victoria University Graduate Certificate in Mental Health.

FEE-HELP

You may be eligible for the Australian Government's loan scheme, FEE-HELP. The loans are available to assist eligible full-fee-paying students with the cost of a university program. It can cover all or part of the tuition. To determine your eligibility, visit the FEE-HELP website.

Advanced standing

Thinking of applying for credit (advanced standing)?

Advanced standing is an assessment process used to recognise the skills and knowledge you have acquired, either through study or life/work experience, by matching it with the content of units within your course. If you've already completed any of the units in the course in which you are enrolling, or their equivalent, you may be eligible for advanced standing.



Course pathways

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The VU Block Model®

Student support network

Course summary

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Why study with VU Online?

Units in brief

How to apply

Contact us



Graduate Certificate in Child and Adolescent Mental Health

4 Units
8 months part time

Upon completion of these four units, you will obtain your Graduate Certificate in Child and Adolescent Mental Health and can continue your studies to earn a Master of Child and Adolescent Mental Health.



Master of Child and Adolescent Mental Health

+8 Units
2 years part time

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The VU Block Model®

Student support network

Course summary

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Entry requirements

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- ◆ Advanced standing

◆ Why study with VU Online?

Units in brief

How to apply

Contact us

Why study with VU Online?

Reputable, industry connected

Earn a globally ranked Tier 1 MBA*, engaging in a curriculum designed in partnership with the University's industry advisory groups.

Develop practical skills

Just like in the real world, you'll focus on experiential learning – learning by doing – via scenarios, case studies, self-determined assessments and unit content that is highly relevant to your work life.

No text books, no exams

All course readings and assessments are available digitally via the VU Library, so there are no textbooks to purchase and no exams.

*CEO Magazine Global Rankings (2023)

Small class sizes

All units maintain a 25:1 student-teacher ratio that ensures you receive the one-on-one attention you need.

Personalised 1:1 online academic support

Unparalleled support from specialist academics is available seven days a week including evenings.



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The VU Block Model®

Student support network

Course summary

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- ◆ FEE-HELP
- ◆ Advanced standing

◆ Why study with VU Online?

Units in brief

How to apply

Contact us

Career-based teaching and learning

The online units have been designed from the ground up with a career-centred approach, spanning:



Overarching learning outcomes

Click on each unit in the following pages to find out more about what you will learn.



Self-determined assessments

Students share examples from their own professional lives and participate in collaborative online sessions where discussion and debate can thrive - just as it would in a classroom.



Interactive activities

The material in each unit includes activities designed to bring students together in a virtual environment that fosters creativity and a sense of personal connection.

**Experience a deeper,
more active and
enjoyable learning
experience.**

Got questions?

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Schedule a call

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Student support network

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- ◆ Graduate Certificate in Child and Adolescent Mental Health

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- ◆ FEE-HELP
- ◆ Advanced standing

Why study with VU Online?

◆ Units in brief

How to apply

Contact us

Units in brief

Master of Child and Adolescent Mental Health core units:

Introduction to Child and Adolescent Mental Health*

Child and Adolescent Engagement and Assessment*

Effective Trauma-Informed Care*

Mental Health Foundations*

Recovery Oriented Mental Health

Biopsychosocial and Cultural Perspectives in Mental Health

Evidence and Research for Practice Wellbeing in Schools

Assessment in Mental Health

Psychological Therapies

Perspectives on Addictive Behaviours

Research Project

*Graduate Certificate in Child and Adolescent Mental Health units



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The VU Block Model®

Student support network

Course summary

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- ◆ FEE-HELP
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Why study with VU Online?

Units in brief

◆ How to apply

Contact us

How to apply



Ready to get started? Follow these simple steps.

1. Gather your documents

To complete your application, you will need the following documents:

- ◆ Certified copies of your academic transcript(s) or certificate(s) of completion.
- ◆ A copy of your current CV, which includes your current Position Description (PD), supporting letter from your employer outlining your duties, responsibilities and the duration of your employment/volunteer work.

2. Speak with our Student Enrolment Advisors

Once you're ready to take the next step and start your application, our Student Enrolment Advisors are here to help.

Our team is available to assist you every step of the way:

Monday, Tuesday and Friday
9am – 6pm (AEST)
Wednesday and Thursday
9am – 7pm (AEST)

Contact us:

1300 682 051
futurestudy@online.vu.edu.au

3. Submit your application online

Apply online directly via our Admissions Centre. You will receive an email to confirm your application and to advise whether you need to provide any additional information.

[Apply now](#)



How long does it take to complete an application?

Your application will take approximately 15 minutes to complete. Once you have submitted, you can expect to hear from us within 5 business days.

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- ◆ FEE-HELP
- ◆ Advanced standing

Why study with VU Online?

Units in brief

How to apply

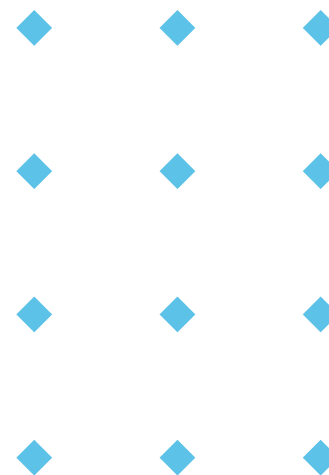
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Our Student Enrolment Advisors are ready to answer any questions you may have about online study at VU and the Master of Child and Adolescent Mental Health course, including:

- ◆ Enrolments and eligibility
- ◆ Study and course pathways
- ◆ Fitting study into your schedule
- ◆ Navigating the application process



Got questions?

Get in touch with our enrolment team.

Schedule a call

Ready to apply?

Begin your postgraduate journey with VU Online and apply today.

Apply now